This three days Family Retreat in the countryside is organised by the Community Foundation in partnership with Muslim Community Association EW Branch. This unique retreat offers a spiritual and physical refresh through outdoor family activities, reflection, and quality time in nature. Families will take part in inspiring workshops, outdoor activities, and enjoy meaningful moments together in a beautiful rural setting.

Families will stay in private en-suite rooms with 4 beds per room. The group will have exclusively use of the Slades building which has a kitchen, halls and games room.

**Key information**:

Group leader: Nozmul Hussain- CEO Community Foundation

Participants: 14 Families (adults and children)

**Departure**: Friday 31st October 2025 – Arrival from 4:30pm. Programme begins promptly at 5:00pm. Please aim to arrive 20–30 minutes early to check in and settle. (see below for departure times and location)

**Return**: 5pm Sunday 2nd November 2025. Please ensure timely departure.

**Accommodation address:** We will be staying at the YHA Chester Trafford Hall, Ince Lane, Wimbolds Trafford, Chester CH2 4JP

**Programme Highlights:**

* Daily Jama’ah prayers with uplifting Nasiha and family-friendly workshops
* Full halal meals provided: English cooked breakfasts, light lunches (sandwiches), and hot dinners
* Tea, coffee, and hot drinks available throughout the day
* Engaging activities including cross-country walks, night hikes, orienteering, family challenges, campfire gatherings, quiz competition
* Games room, private kitchen, and car parking available on site

All activities are suitable for families and will be conducted in a halal and inclusive environment.

The retreat costs has been subsidised and we are only charging £250 for the whole family (maximum 4 people) to cover cost for the 3 days retreat which includes en-suite accommodation, all meals and activities.

**Ground Rules:**

* All to respect and listen to staff and volunteers at all times.
* Follow instructions promptly and to ensure safety and wellbeing of all participants
* Use kind and respectful language. No shouting, swearing, or inappropriate comments.
* Treat all participants with kindness. Any form of discrimination will not be tolerated.
* Be considerate of others—this is a shared space for families to relax, learn, and enjoy together.
* Look after the site, equipment, and shared spaces. Any damaging to property must be paid
* Keep areas clean and tidy. Everyone is responsible for clearing up after themselves.
* Dress appropriately for outdoor activities (loose, comfortable clothing and trainers are recommended).
* Children must be always supervised.

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| **PRIMARY APPLICANT (FAMILY LEAD) DETAILS** |
| Full Name |  | Date of Birth  |  |
| Email Address  |  | Contact Number |  |
| Gender |  | **Ethnicity** |  |
| Full Address  |  |

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| **OTHER FAMILY MEMBERS DETAILS** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Full name  | DOB | Gender | Behaviour needs | Disability | Dietary & Allergy  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Why are you interested in attending this Family Retreat? Bottom of Form |
| [ ]  Strengthen family bonds [ ]  Outdoor activities & fun [ ]  Social connection with other families [ ]  Increase connection to deen[ ]  Other |
| If other, please add details here:  |
| Please tick if you or any family member attend/involved with any of the following? |
| [ ]  Community Foundation [ ]  MCA [ ]  JMIC [ ]  BMDC [ ]  Darul Uloom [ ]  None of these |
| From where/who did you hear about this family retreat:  |
| CONSENT |
| [ ]  I understand if my application is selected, I will be contacted to confirm my booking and make a non refundable total payment of £250 for the family (maximum 4 people) to cover cost for the 3 days retreat (accommodation, meals and activities) |
| [ ]  I understand this retreat will involve some physical activity (hiking/exercise), spiritual (salah/nasiha) social (team/family work) which all members of my family will take part in |
| [ ]  I understand that there will be no physical pardah (similar to Hajj), due to the nature of the programme and will respect the organisers arrangements accordingly. Activities will take place with all families joining together. |
| [ ]  I understand the programme will be in English and all my family members will converse in English during the activities |
| [ ]  I will make my own transport arrangements to get to the venue and return journey.  |
| [ ]  I will ensure all family members will follow the programme and take part in all organised activities |
| [ ]  I will ensure all members of my family adhere to the code of conduct |
| [ ]  I consent to my data being stored and processed by Community Foundation  |
| [ ]  I confirm that all information provided is accurate  |
| [ ]  I consent to photographs & video for promotional use by Community Foundation |
| **Applicant Signature** |  | **Date** |  |

Please complete this form and email back to: info@thecommunityfoundation.org.uk

Closing date for application: Sun 29 June 2025

Limited spaces. Priority will be given on a first come first served basis.